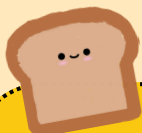


Ermington West Primary

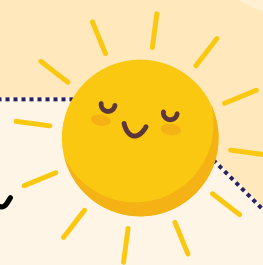


Toasted Sandwiches

Bread available: White & Wholemeal
Gluten Free extra \$1.00

Cheese	\$4.50
Cheese & Tomato	\$5.00
Ham & Cheese	\$5.00
Ham & Tomato	\$5.00
Ham, Cheese & Tomato	\$6.00

Hot Food



Chicken Nuggets x 4	\$4.50
Chicken Nuggets x 6	\$5.50
Butter Chicken w/Rice	\$6.50
Vegetarian Fried Rice	\$5.50
Chicken Fried Rice	\$6.00
Garlic Bread	\$3.00
Wedges	\$5.70
Low Fat Hot Dog No Sauce	\$4.50
Low Fat Hot Dog w/ sauce	\$5.00
Low Fat Hot Dog w/ sauce & Cheese	\$5.50
Lean Beef Pie	\$5.60
Lean Sausage Roll	\$5.20
Spinach & Ricotta Roll	\$5.60
Sauce Portions	50c

Wrap Bar

Single: \$5.00 Double: 6.50

Chicken Caesar
chicken schnitzel, bacon, cheese
& caesar dressing

Ham & Salad
Ham, lettuce, tomato, cucumber
& carrot

Sandwiches

Bread available: White & Wholemeal
Gluten Free extra \$1.00

Vegemite	\$3.00
Cheese	\$4.50
Cheese & Tomato	\$5.00
Ham	\$4.50
Ham & Cheese	\$5.00
Ham & Salad	\$6.50
Ham Cheese & Tomato	\$6.00
Chicken, Cheese & Mayo	\$6.20
Chicken, Lettuce & Mayo	\$6.20
Salad	\$6.00



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Burgers

Chicken Burger Chicken patty, lettuce & Mayo	\$6.00
Chicken & Cheese Burger Chicken patty, cheese & mayo	\$6.50
Cheese Burger Beef patty, tomato, cheese & tomato sauce	\$6.80
Beef Burger Beef patty, lettuce & tomato sauce	\$6.80



Home-Made PIZZA

Margherita	\$5.50
Hawaiian	\$6.00
BBQ Chicken	\$6.50



Snacks

Banana Bread	H \$3.00 F \$4.50
Watermelon Bowl	\$5.70
Fresh Fruit Salad	\$5.70
Fruit Pieces - Seasonal	\$2.00
Jelly Sticks	50C

Salads

Greek Salad Tomato, cucumber, onion, capsicum, olives & feta	L \$6.50
Chicken Caesar Salad Chicken schnitzel, Cos lettuce, bacon, croutons & caesar dressing	L \$6.70
Ham Garden Salad Ham, lettuce, tomato & cucumber	L \$6.70
Chicken Garden Salad Grilled chicken, lettuce, tomato & cucumber	L \$6.70
Garden Salad Lettuce, tomato, carrot & cucumber	L \$6.00

Pasta

Gluten Free extra \$1.50



Spaghetti Bolognese Beef red sauce	\$6.50
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Drinks

Water	\$2.50
Juice Poppers	\$3.50
Glee	\$4.50
Flavoured Milk Chocolate & Strawberry	SML \$3.50

Ice Blocks

Zooper Dooper	\$2.00
Frozen Juice Cups	\$3.00
Moosie Chocolate, blue moon, strawberry	\$3.00



Ermington West Primary

Meal Deals



Wednesday

Chicken, Cheese & mayo
burger & water

\$8.50

